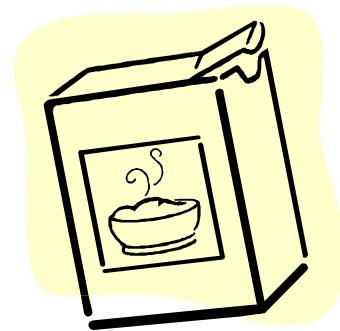




You may be eligible to receive **FREE FOOD**



Income eligible individuals and families can receive food at no cost through The Emergency Food Assistance Program (TEFAP) is also known as the **Commodity Program**.

TEFAP/Commodity Program is:

- Quality, free food to help feed you or your family. Only one card per household is allowed.
- A program that helps you stretch your food budget by adding basic foods to your cupboards.
- Distributed once a month at 17 locations in Macomb County. You choose your pick up location.
- Easy to sign up for.

The food distributed is high in protein and non-perishable.

Food items may include:

- Canned fruit
- Canned vegetables
- Pasta products
- Peanut butter
- Cereal
- Meat or chicken

INCOME GUIDELINES

You must meet income guidelines to qualify. For people under age 60, your household income must be below 130% of the Federal income guidelines.

For people over age 60, your income must be below 160% of the Federal income guidelines. For example, a household of one person must have a yearly income under \$17,300. A household of two people must have a yearly income under \$23,300.

Please contact your Community Action Center to sign up for the TEFAP program.

You may not sign up more than once. You are not eligible if you currently have a "Commodity Card" from another location.

- North Action Center, New Haven: 586-749-5146
- Central Action Center, Mount Clemens: 586-469-6964
- South Action Center, Warren: 586-759-9150

TEFAP is a Federal program through the U.S. Department of Agriculture. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer

